



# **Market Rasen & Louth Rugby Union Football Club Ltd**

(Affiliated to RFU Notts Lincs & Derby RFU)

Clubhouse & Ground: Willingham Road, Market Rasen, Lincolnshire, LN8 3RE. Tel: 01673 843162

[www.rasenrugby.com](http://www.rasenrugby.com)



COMMUNITY RUGBY  
ACTIVE SPORTS  
SEAL OF APPROVAL

## **HEALTH & SAFETY POLICY**

The objective of playing rugby is to have fun, and that means being warm, safe and properly kitted out. Set out below are some key points regarding safety:

### **Gumshields / Mouthguards**

MR&L RUFC recommend that all players wear properly fitted mouthguards/gumshields for training and playing

### **Jewellery**

No jewellery of any sort is permitted and should be removed before any training or match activity.

### **Boots and Studs**

Worn, chipped studs and jagged edges can cause serious injury to players. Boots must be examined regularly and missing studs replaced. Only studs conforming to BS 6366 (1983) will be allowed. All aluminium studs are recommended and they can be bought from the Club Shop. Plastic studs must not be used, although moulded rubber studs will be allowed in U6, U7, and U8's. The safety of blade type studs is under review and parents are advised not to purchase boots with these types of studs until their position in the game is confirmed.

### **Severe Weather**

In cases of severe weather the club will assess the condition of the pitch coaches will be notified and or coaches will check with the pitch official if the ground is safe for play.

Players will not enjoy their rugby, may get injured and may be put off the game if they are inadequately prepared for the cold and wet winter days. Players must come with adequate equipment to cope with the likely weather conditions. This includes hats, gloves, waterproof top and tracksuit bottoms. And don't forget a half time snack and drink! Appropriate clothing can be bought from the Club Shop

### **Tetanus Injection**

All rugby players should have a preventative course of tetanus injections - see your GP or Practice Nurse.

### **Injuries**

We all hope that no player gets hurt. If, unfortunately they do, first aid will be administered at the site and parents/carers notified. If, in the opinion of the first aid provider the child needs hospital treatment, appropriate arrangements will be made. If a parent/carer is unavailable, the Club will ensure the child is accompanied and the parent/carer notified as soon as possible.

When concussion is sustained the player will be removed from the field and irrespective of age, will have a compulsory 21 days off rugby.

### **Medical or Other Conditions**

Players/Parents/Carers must notify coaches of any condition, e.g. asthma, diabetes, attention deficit disorder, epilepsy, that could affect a player during a session.

### **Dogs**

Dogs are not allowed onto club grounds. The club requests, in the interest of health and safety, that dogs are kept away from the club.

## Responsibilities

Coaches and assistants cannot act "in loco parentis" and cannot take legal responsibility for players whose parents/carers leave them during training sessions, matches or festivals. If a parent does leave, they must appoint another parent to be responsible for this child. They must notify their Lead Coach of their absence and identify their stand-in carer.

## Photography

While not wanting to be too prescriptive on this, we appreciate that this is a sensitive area and we do not want any children or parents to have any concerns. Therefore, we have set in place a policy which is based on the RFU Guidelines on Video/Photographic Images where children under the age of 18 are involved.

First and foremost:

1. Any adult seeking to take photographs of any MR&L RUFC player must first speak with the lead coach of that age group ideally or as an alternative, the coach taking that session. This is a fundamental requirement, not just a courtesy.
2. If any of the players' parents or people looking after them who are present object, then no photographs may be taken.

In addition:

1. All young people must be appropriately dressed for the activity taking place.
2. Photography or recording should focus on the activity rather than a particular young person and personal details, such as their address, should not be revealed.
3. Where an individual has achieved success in the game, permission must be gained from a parent/guardian and the young person to use the images and relevant details.
4. Wherever possible, photographs/recordings should represent the diverse range of young people participating in rugby.
5. Anyone taking photographs or recording at any rugby event must have a valid reason for doing so.
6. Lead coaches may authorise, from time to time, the taking of head and shoulder photographs of players for the purpose of identifying children. These photographs are not for publication.
7. All concerns regarding inappropriate or intrusive photography should be reported in confidence to the club's Child Protection Officer.
8. . Any parent/guardian who objects to their child being photographed should notify the coach (as above) and registration secretary on the club registration form. The coach and registration secretary will notify the clubs Child Protection Officer. It is otherwise presumed that photographs may be so taken and that any images may be used on the website, rugby related publications or in press-releases